



CASTLE HILL PUBLIC SCHOOL CANTEEN PRICE LIST - JANUARY 2024

Online ordering closes at 9.00am (www.flexischools.com.au)

- Fruit**
- (E) Watermelon Bowl - \$2.50
 - (E) Whole piece of fruit - Apple or Orange - \$1.00

- Recess**
- (E) Granola & Custard Cup - \$1.50
 - (E) Granola & Yoghurt Cup - \$1.50
 - (O) Muffin - Blueberry, Milo, Vanilla \$1.50
 - (E) Peaches in Juice - \$1.00
 - (E) Two Fruits in Juice - \$1.00
 - (E) Juicies - Lemonade, Orange, Wildberry - \$ 1.70
 - (E) Sanitarium Up & Go - Banana, Choc, Strawberry, Vanilla - \$3.00
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- Snacks**
- (O) Chips - Sea Salt (GF) - \$1.70
 - (E) Crispy fruits - Apple, Mango, Pineapple, Strawberry (GF) - \$2.50
 - (O) Grain Waves - Sour Cream & Chives - \$1.70
 - (E) Jatz & Cheese - \$1.20
 - (E) Jatz Crackers - 3 pack - \$0.40
 - (O) Mamee Noodle Snacks - Chicken (H) - \$1.70
 - (O) Popcorn - Sea Salt (GF)(V) - \$1.70
 - (O) Banana Bread Slice - \$2.40

- Drinks**
- (E) Milk - Plain - \$1.70
 - (E) Flavoured milk - Chocolate and Strawberry - \$2.50
 - (E) Orchy Fruit Juice - Apple or Orange - \$2.50
 - (E) Water (600ml) - \$1.00
 - (E) Chill J Sparkling Fruit Juice - Raspberry, Orange Passio, Grape, Watermelon - \$2.50

- Ice blocks over the counter only**
- (E) Frozen Fruit Cup (GF) - \$ 1.00
 - (E) Frozen Milk Cup - \$ 1.00

- Soup**
- (E) Canteen made and served with bread & butter - \$4.00

- Wraps**
- (E) WATTLE - Cheese - \$2.90
 - (E) BLUE GUM - Ham & Cheese - \$3.60
 - (E) BANKSIA - Lettuce, Tomato & Carrot - \$3.50
 - (E) WARATAH - Chicken, Lettuce & Mayo - \$4.20

- Sandwiches - wholemeal or white bread**
- (E) Bread & Butter - \$1.90
 - (E) Vegemite - \$2.20
 - (E) Honey - \$2.20
 - (E) Cheese - \$2.50
 - (E) Ham - \$2.90
 - (E) Chicken - \$3.40
 - (E) Salad - Lettuce, Tomato, Carrot - \$3.40
 - (E) "BUILD YOUR OWN" SANDWICH
- Base Price:
White or wholemeal bread with butter - \$1.90
Use Base Price then add your fillings below:
Roll instead of sandwich bread \$0.60
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|---------------|----------------|-----------------|
| Mayo \$0.20 | Chicken \$1.50 | Ham \$1.00 |
| Cheese \$0.60 | Lettuce \$0.50 | Beetroot \$0.50 |
| Tomato \$0.50 | Carrot \$0.50 | |

- Salad bowls**
- (E) Cheese - Lettuce, Tomato, Carrot - \$3.70
 - (E) Ham - Lettuce, Tomato, Carrot - \$3.90
 - (E) Chicken - Lettuce, Tomato, Carrot - \$4.20
 - (E) French Dressing Sachet (H) - \$0.30

- Hot food**
- (O) Chicken Nuggets -3 pack (H) - \$2.00
 - (O) Chicken Nuggets - 6 pack (H) - \$4.00
 - (O) Chicken Burger (H) -Lettuce, Tomato, Mayonnaise - \$ 5.20
 - (E) Corn Cobbette - \$1.50
 - (E) Fried Rice (GF)(V) - \$5.50
 - (O) Garlic Bread (H) - \$2.00
 - (E) Beef Burger (H) - Lettuce, Tomato, Tomato Sauce - \$5.20
 - (E) Hot Cheese Roll - \$3.10
 - (E) Hot Cheese & Tomato Roll - \$3.60
 - (E) Hot Ham, Cheese & Tomato Roll - \$4.60
 - (E) Hot Chicken, Cheese & Tomato Roll - \$5.10
 - (O) Hot Dog with Tomato Sauce (H) - \$3.50
 - (E) Beef Lasagne - \$5.50
 - (E) Macaroni & Cheese (V) - \$5.50
 - (O) Roadie Beef Pie (H) - \$4.50
 - (O) Cup Noodles - Chicken - \$3.30
 - (E) Pasta Twist - Beef - \$5.50
 - (O) Pizza - Margarita (Cheese) (V) - \$5.20
 - (O) Pizza - Hawaiian (Ham and Pineapple) - \$5.20
 - (O) Pizza Wrap - BBQ Chicken (H) - \$5.20
 - (O) Spinach & Ricotta Roll (V)(H) - \$4.20
 - (E) Tomato Sauce Sachet (H)(GF)- \$0.30

(E) = Everyday Food - eat often

(O) Occasional Food - eat occasionally

(GF) = gluten free (V) = vegetarian (H) = halal

All enquiries should be directed to the Canteen on 0428 401 821